

6/2/26 "An Opportunity Within Pediatrics to Prevent Weight Stigma and Eating Disorders"

Presented by: Lauren Hartman, MD

Private Practice Pediatrician and Adolescent Medicine Specialist
Berkeley, CA

Planners expect learners to:

1. Describe the evidence linking weight-centric care to weight stigma, disordered eating, and adverse health outcomes.
2. Identify weight-independent health markers that can be incorporated into clinical practice to assess and support pediatric patient wellbeing in a non-stigmatizing, inclusive way.
3. Apply a weight-inclusive framework to clinical conversations in the era of GLP-1 medications, including strategies for aligning with patients on health goals rather than weight outcomes.

6/9/26 "Hoofbeats for Horses and Zebras: Managing Your Patient's Migraines"

Presented by: Mary Jenó, MD

Pediatric Neurologist
UCSF Benioff Children's Hospital Oakland

Planners expect learners to:

1. Identify supplements and dosing for management of preventative care for tension and migraine headaches.
2. Recognize symptoms that define migraine and tension headaches.
3. Determine which headache types warrant further evaluation.

6/16/26 "Elevated Transaminases in the Pediatric Patient – Nuances of Work Up and Management"

Presented by: Anne Lyon, MD

Pediatric Gastroenterologist, Pediatric Hepatologist
UCSF Benioff Children's Hospital San Francisco

Planners expect learners to:

1. Explain 1. Describe the difference between transaminases and liver function labs.
2. List a broad differential for elevated liver enzymes, considering the age of the child.
3. Demonstrate proficiency in initial work-up of elevated liver enzymes.
4. Identify barriers to longitudinal care of patients with elevated transaminases.
5. Identify when to refer a patient to pediatric GI/hepatology.

6/23/26 "Pediatric Thyroid Disease: Diagnostic and Surgical Management from an Otolaryngology Perspective"

Presented by: Scott Hirsch, MD

Assistant Professor
UCSF Otolaryngology-Head and Neck Surgery
University of California San Francisco

Planners expect learners to:

1. Identifying the situations and disease processes that warrant evaluation by an otolaryngologist.
2. Determining when surgical management may be better for pediatric patients when managing thyroid disease.
3. Recognizing how socioeconomic differences may create difficulties in diagnosing and managing pediatric thyroid diseases.

6/30/26 "Autism Update"

Presented by: Carol Weitzman, MD

Co-Director of the Autism Spectrum Center
Boston Children's Hospital

Grand Rounds is by Zoom only. 8-9 am. Contact cristina.fernandez@ucsf.edu for log-in information

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For CME credit, evaluations must be completed and sent to Cristina.Fernandez@ucsf.edu by 12pm the Friday after Grand Rounds.



UCSF Benioff Children's Hospitals
Oakland | San Francisco

Grand Rounds

Open to all pediatric healthcare providers

Planners expect learners to:

1. Identify genetic updates regarding recommendations for children with ASD with and without intellectual disability.
2. Appraise emerging psychopharmacology regarding autism.
3. Communicate with families around complementary and alternative treatments.
4. Recognize the complexity of diagnosing older children and adolescents.

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